

Autumn 2008, Bochum

Instantons, solitons, monopoles ...

Lecture notes will be available at <http://thd.pnpi.spb.ru/~diakonov>

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Content of the course

1. Functional integrals in Quantum Mechanics, Statistical Mechanics and Field Theory.
Imaginary time
2. Double well potential in Quantum Mechanics. Instantons = kinks

3. Quantum fluctuations about instantons
4. Instanton gas and level splitting
5. The simplest quantum field theory in $1 + 1$ dimensions: Heisenberg's model for ferromagnets and its generalizations. Two-dimensional quantum field models: $O(N)$, $CP(N)$, $HP(N)$.
6. Asymptotic freedom in quantum field theory, dimensional transmutation
7. A generalization: Friedan's renormalization in curved space.
8. Nonperturbative $1/N$ expansion. Spontaneous mass generation and restoration of symmetry in two dimensions.

9. Instantons in 2d models. Domain walls
10. Non-Abelian gauge theory (or Yang–Mills theory) in 2,3,4 dimensions
11. Yang–Mills theory on a lattice. Methods and results
12. Anatomy of the $SO(N)$ and $SU(N)$ groups: parametrization, metrics in the group space, and integrals over groups.
13. Yang–Mills theory at non-zero temperature
14. Classical solutions in Yang–Mills theory: monopoles and dyons
15. Classical solutions in Yang–Mills theory: instantons

16. Classical solutions in Yang–Mills theory: calorons with non-trivial holonomy.
17. Ensembles of dyons. Confinement of colour, and the confinement-deconfinement phase transition.
18. Quantum anomalies. Interpretation of anomalies
19. Quantum determinants: exact, approximate and numerical methods
20. Spontaneous chiral symmetry breaking in strong interactions
21. The Skyrmion. Quantum fluctuations about solitons.

Feynman's formulation of Quantum Mechanics:

Let us consider a non-relativistic particle with mass m in a one-dimensional potential well $V(x)$. Its Lagrangian is

$$L = \frac{m\dot{x}^2}{2} - V(x) \quad (1)$$

and its energy is $H = \frac{m\dot{x}^2}{2} + V(x)$. In Quantum mechanics one introduces the Hamiltonian

$$\mathcal{H} = -\frac{1}{2m} \frac{d^2}{dx^2} + V(x). \quad (2)$$

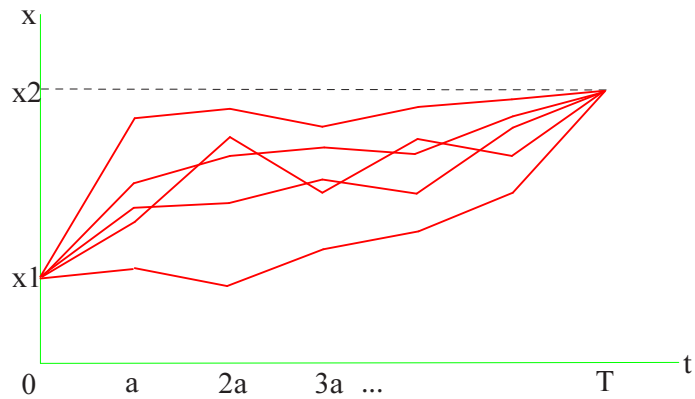
To find the (quantized) energy levels E_n and the stationary wave functions $\psi_n(x)$ one solves the Schrödinger eqn:

$$\mathcal{H}\psi_n(x) = E_n \psi_n(x) \quad (3)$$

The evolution operator is $e^{-i\mathcal{H}T}$ where T is time.

The probability amplitude that the particle goes from point x_1 to point x_2 during time T

$$\begin{aligned}
 A_{12} &= \langle x_2 | e^{-\frac{iHT}{\hbar}} | x_1 \rangle = \sum_n \psi_n^*(x_2) e^{-iE_n T} \psi_n(x_1) \\
 &= \int_{x(0)=x_1}^{x(T)=x_2} Dx(t) \exp \frac{i}{\hbar} \int_0^T dt \left[\frac{m\dot{x}^2(t)}{2} - V(x(t)) \right]
 \end{aligned}$$



Path integral over trajectories
with $x(0)=x_1, x(T)=x_2$

Discretized action

$$S = \sum_n a \left[\frac{m}{2} \left(\frac{x(t_n) - x(t_{n-1})}{a} \right)^2 - V(x(t_n)) \right].$$

Path integral can be understood as the limit of an infinite number of ordinary integrations – over the intermediate points $x_1 \dots x_N$:

$$A_{12} = \lim_{N \rightarrow \infty} \mathcal{N} \prod_{n=1}^N \int dx_n e^{\frac{i}{\hbar} S(x_1, \dots, x_N)}.$$

If $S \gg \hbar$ quantum mechanics becomes classical: small fluctuations of trajectories lead to a large variation of the action, and phase factors for close trajectories $e^{iS/\hbar}$ annihilate each other. Only those trajectories contribute to the path integral, whose small variation doesn't change the action, $\delta S = 0$. But this condition is the Euler–Lagrange equation of motion:

$$-\frac{d}{dt} \frac{dL}{d\dot{x}} + \frac{dL}{dx} = 0!$$

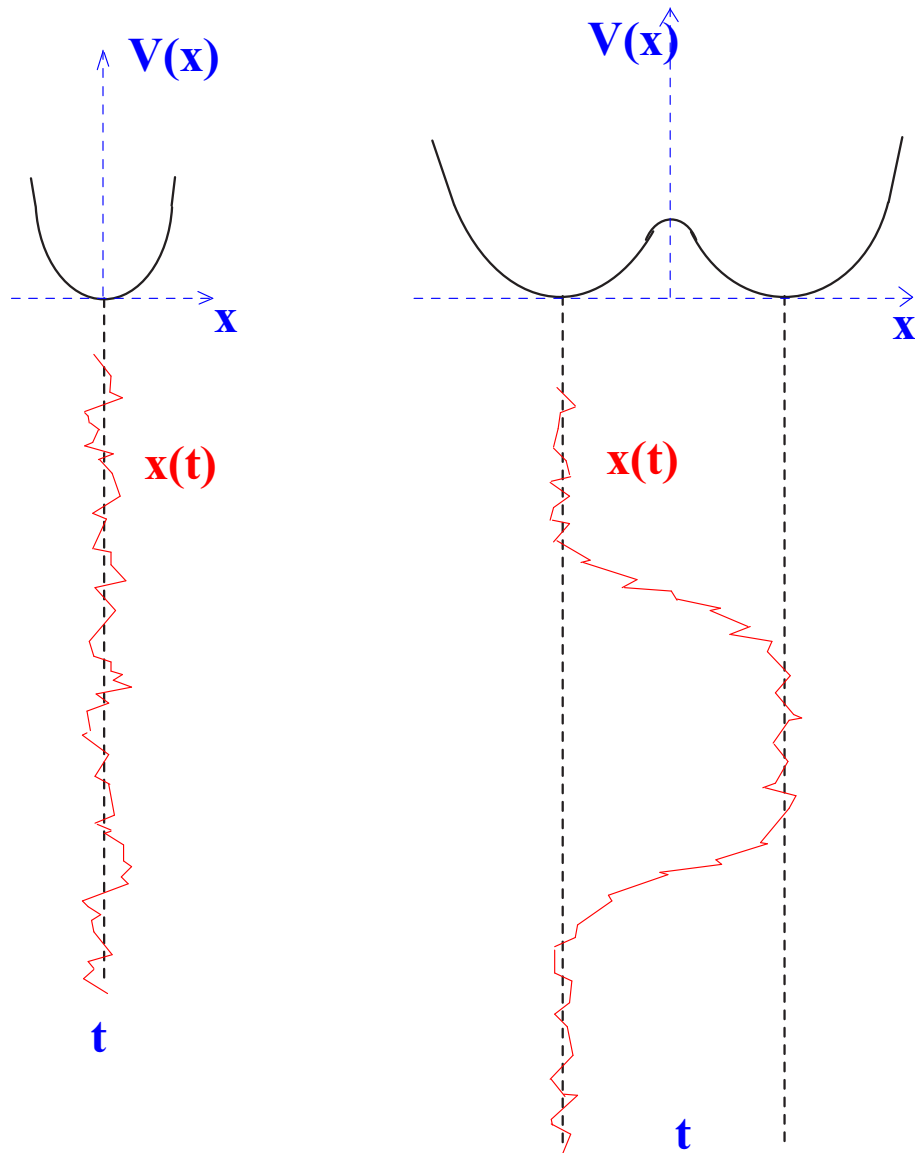
In classical theory one differentiates
In quantum theory one integrates

To cut out the ground state: take $t \rightarrow -i\tau$, $T \rightarrow -iT$, ($T \rightarrow \infty$). Put $x_1 = x_2$ and integrate over it. This is called the **partition function**: (henceforth $\hbar \rightarrow 1$)

$$\begin{aligned} \mathcal{Z} &= \sum_n e^{-E_n T} \\ &= \int Dx(\tau) \exp \left\{ - \int_0^T d\tau \left[\frac{m}{2} \left(\frac{dx}{d\tau} \right)^2 + V(x(\tau)) \right] \right\}. \end{aligned}$$

In statistical mechanics one implies that $T = \frac{1}{kT^o} = \beta$ where T^o is temperature. In particle physics T is the observation (Euclidean) time. If one is interested only in the ground (or vacuum) state E_0 one cuts it out by taking temperature $T^o \rightarrow 0$ or observation time $T \rightarrow \infty$.

How do typical trajectories $x(\tau)$ look like?



Text-book example: harmonic oscillator,

$$V(x) = \frac{m}{2}\omega_0^2 x^2.$$

Since $x(t + T) = x(t)$ we can decompose arbitrary trajectory (over which we have to integrate!) in periodic functions,

$$x(t) = \sum_{n=-\infty}^{\infty} c_n \frac{1}{\sqrt{T}} \exp\left(2\pi i n \frac{t}{T}\right), \quad c_{-n} = c_n^*$$

and the path integral will be understood as a product of integrals over all Fourier coefficients,

$$\int Dx(t) = \prod_n \int \frac{dc_n}{\sqrt{2\pi}}.$$

We shall need the ortho-normalization condition,

$$\int_0^T dt \frac{1}{\sqrt{T}} \exp\left(2\pi i m \frac{t}{T}\right) \frac{1}{\sqrt{T}} \exp\left(-2\pi i n \frac{t}{T}\right) = \delta_{m,n}.$$

We get in the exponent of the path integral

$$\frac{m}{2} \int dt (\dot{x}^2 + \omega_0^2 x^2) = \frac{m}{2} \sum_{n=-\infty}^{\infty} c_{-n} \left[\left(\frac{2\pi n}{T}\right)^2 + \omega_0^2 \right] c_n$$

so that

$$\prod_{n=1} \int \frac{dc_n}{\sqrt{2\pi}} \frac{dc_{-n}}{\sqrt{2\pi}} \exp\left(-\frac{1}{2} \sum_n c_{-n} \lambda_n c_n\right) = \prod_{n=1} \frac{1}{\lambda_n}.$$

Harmonic oscillator's partition function is

$$\begin{aligned}
 \mathcal{Z} &= \prod_n \frac{1}{\left(\frac{2\pi n}{T}\right)^2 + \omega_0^2} \rightarrow \prod_{n=1}^{\infty} \frac{\left(\frac{2\pi n}{T}\right)^2}{\left(\frac{2\pi n}{T}\right)^2 + \omega_0^2} \\
 &= \frac{\frac{\omega_0 T}{2}}{\sinh \frac{\omega_0 T}{2}} \left(\times \frac{1}{\omega_0 T} \right) = \frac{1}{e^{\frac{\omega_0 T}{2}} - e^{-\frac{\omega_0 T}{2}}} \\
 &= e^{-\frac{\omega_0 T}{2}} \left(1 + e^{-\omega_0 T} + e^{-2\omega_0 T} + e^{-3\omega_0 T} + \dots \right) \\
 &= \sum_n e^{-E_n T} \stackrel{T \rightarrow \infty}{=} e^{-\frac{\omega_0 T}{2}}, \quad E_n = \omega_0 \left(\frac{1}{2} + n \right)
 \end{aligned}$$

[don't forget that in statistical mechanics $\omega_0 \rightarrow \hbar\omega_0$, $T \rightarrow \frac{1}{kT^o}$]

Important lesson:

Path Integral = Product of integrals over Fourier coefficients

Quantum mechanics can be called 0 + 1-dimensional field theory. In true field theory the 'coordinates' are fields depending on real space coordinates \mathbf{x} .

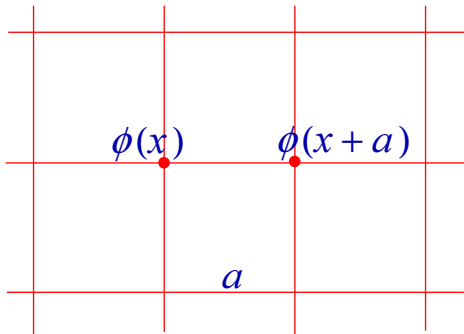
Typical path integral in Quantum Field Theory:

$$\mathcal{Z} = \int D\phi(\mathbf{x}, t) \exp(-S[\phi, \partial\phi, \dots]) .$$

For example,

$$S[\phi, \partial\phi, \dots] = \int_0^T dt \int d^d x \left(\frac{1}{2} \partial_0 \phi \partial_0 \phi + \frac{1}{2} \partial_i \phi \partial_i \phi + \frac{\lambda}{4} \phi^4 \right) .$$

It is a field theory in $d + 1$ dimensions.



$$\left(\frac{\phi(x+a) - \phi(x)}{a} \right)^2 = \left(\frac{\Delta\phi}{a} \right)^2 \stackrel{a \rightarrow 0}{\equiv} \partial_x \phi \partial_x \phi$$

$$\mathcal{Z} = \prod_n \int d\phi(x_n) \exp \left(-a^2 \sum_{\text{links}} (\Delta\phi)^2 + a^4 \sum_{\text{sites}} \frac{\lambda}{4} \phi^4(x_n) \right)$$

References

R.P. Feynman and A.R. Hibbs, Quantum Mechanics and Path Integrals, McGraw-Hill, N.Y.
(Russian translation at <http://irodov.nm.ru/books.htm>)

Problem

Read chapters 2 and 3 of that book. Find misprints in eqs. (3.62) and (3.64).

Classical solutions. Instantons and solitons.

A very wide and useful class of methods exploited equally fruitfully both in condensed matter and particle physics, are **semiclassical methods**. They are applicable if, for some reasons, a path integral has saddle point(s) and, in addition, saddle-point calculation is justified by some large (or small) parameter. It happens quite often.

Two cases should be distinguished from the start. Case one: the **action** has a saddle point. The corresponding solution of the Euler–Lagrange eqns. of motion is generically called an **instanton** ('t Hooft's term):

$$\mathcal{Z} = \int D\phi(x, t) \exp \left\{ - \int dt \int d^d x \mathcal{L}(\phi, \dot{\phi}, \partial\phi) \right\}$$

$$\phi^{\text{class}}(x, t) : \quad - \frac{d}{dt} \frac{\partial \mathcal{L}}{\partial \dot{\phi}} - \frac{\partial}{\partial_i} \frac{\partial \mathcal{L}}{\partial (\partial_i \phi)} + \frac{\partial \mathcal{L}}{\partial \phi} = 0.$$

Case two: the energy functional has a saddle point

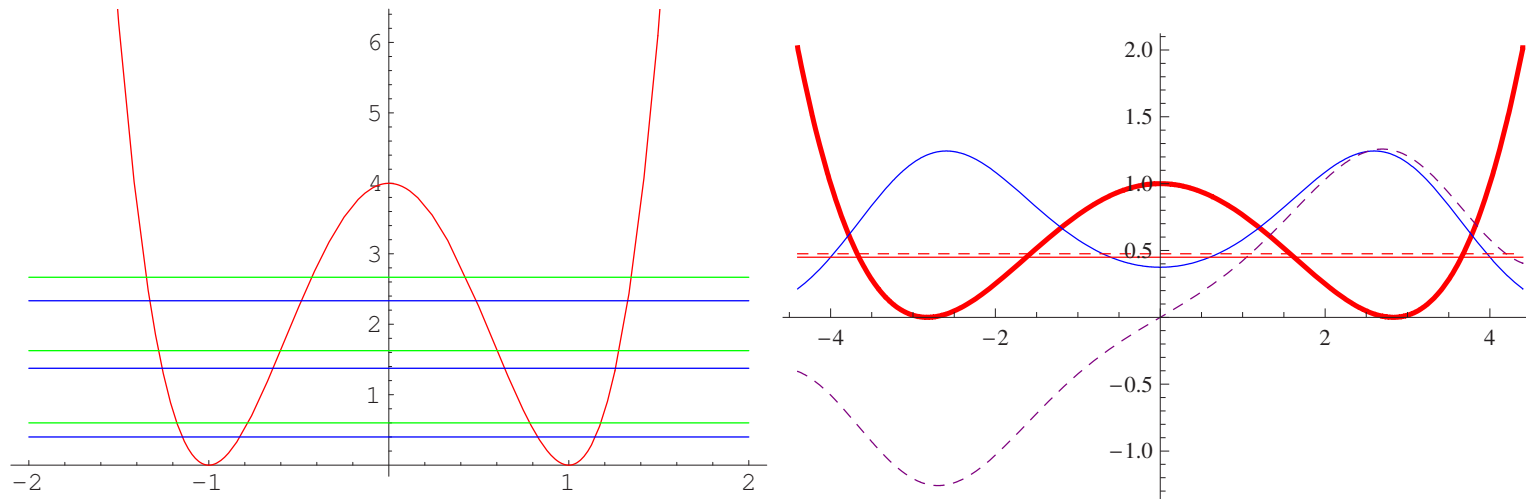
$$\phi^{\text{class}}(x) : \quad -\frac{\partial}{\partial_i} \frac{\partial \mathcal{L}}{\partial(\partial_i \phi)} + \frac{\partial \mathcal{L}}{\partial \phi} = 0.$$

Then the solution is generically called a soliton.

- instanton is a saddle point of the action
- soliton is a saddle point of the energy

An instanton in d dimensions is often a soliton in $d + 1$ dimensions. Instantons are more easy to deal with, so let us start from instantons.

Quantum mechanics, double-well potential



All levels are split into two. One can calculate level splitting in two ways:

- Solving Schrödinger eqn
- From instantons [A. Polyakov (1974)]

Schrödinger eqn:

$$-\frac{\hbar^2}{2m} \frac{d^2\psi}{dx^2} + V(x) \psi = \epsilon \psi,$$
$$V(x) = V_0 \left(\frac{x^2}{x_0^2} - 1 \right)^2, \quad \left. \frac{d^2V}{dx^2} \right|_{x=\pm x_0} = \frac{8V_0}{x_0^2} = m\omega_0^2.$$

We shall use units $\hbar = m = \omega_0 = 1 \implies V_0 = (1/8) x_0^2$. Neglecting the influence of the other well the Schrödinger Eqn becomes

$$-\frac{1}{2} \frac{d^2\psi}{dx^2} + \frac{1}{2}(x \pm x_0)^2 \psi = \epsilon \psi, \quad \epsilon_n = n + \frac{1}{2}.$$

Approximate ground-state wave functions for the double-well potential:

$$\psi_{s,a}(x) = \frac{\psi(x - x_0) \pm \psi(x + x_0)}{\sqrt{2}}, \quad \psi(x) \sim \exp(-\frac{1}{2}x^2).$$

Let us solve the double-well Schrödinger Eqn more accurately. Near $x = -x_0$

$$\psi_{\text{I}}(x) = c_{\text{I}} D_{\epsilon - \frac{1}{2}}(- (x + x_0))$$

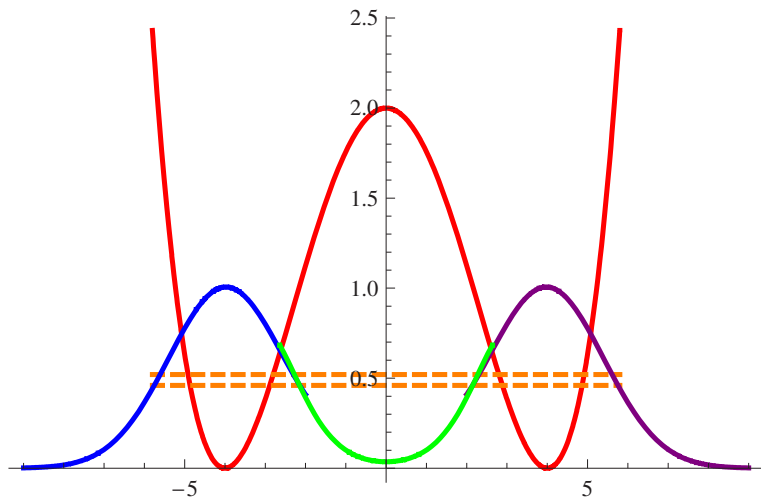
where $D_\nu(x)$ is the *parabolic cylinder* function. It decays at $x \rightarrow -\infty$ but grows at $x \rightarrow +\infty$. Near $x = x_0$

$$\psi_{\text{II}}(x) = c_{\text{II}} D_{\epsilon - \frac{1}{2}}((x - x_0))$$

It decays at $x \rightarrow +\infty$ but grows at $x \rightarrow -\infty$. Under the barrier one writes the WKB semiclassical wave function being a linear combination of rising and falling functions,

$$\psi_{\text{III}}(x) = \frac{c}{\sqrt{p(x)}} \left[\exp \left(\int_0^x p dx \right) \pm \exp \left(- \int_0^x p dx \right) \right],$$

$$p(x) = \sqrt{2(V(x) - \epsilon)}$$



Now one has to find the coefficients $c_{I,II}$ from c by matching the wave functions and their derivatives near the two regions where the wave functions 'dive' under the barrier. That gives the eigenvalues ϵ_n :

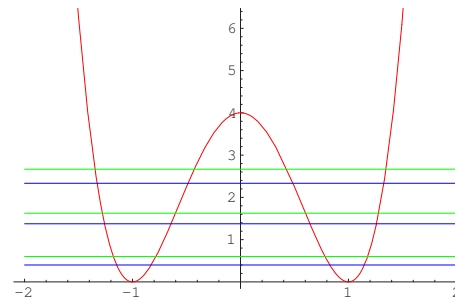
$$\epsilon_n^{\pm} = n + \frac{1}{2} \pm \frac{1}{2} \Delta_n + \left(\text{series in } \frac{1}{V_0} \right),$$

$$\Delta_n = \frac{4}{n!} \sqrt{\frac{8V_0}{\pi}} (64V_0)^n \exp\left(-\frac{16}{3}V_0\right) (1 + O(1/V_0)).$$

Problem: Do it, exploiting the asymptotics of the parabolic cylinder functions which you can find e.g. in *Mathematica*

Conclusions:

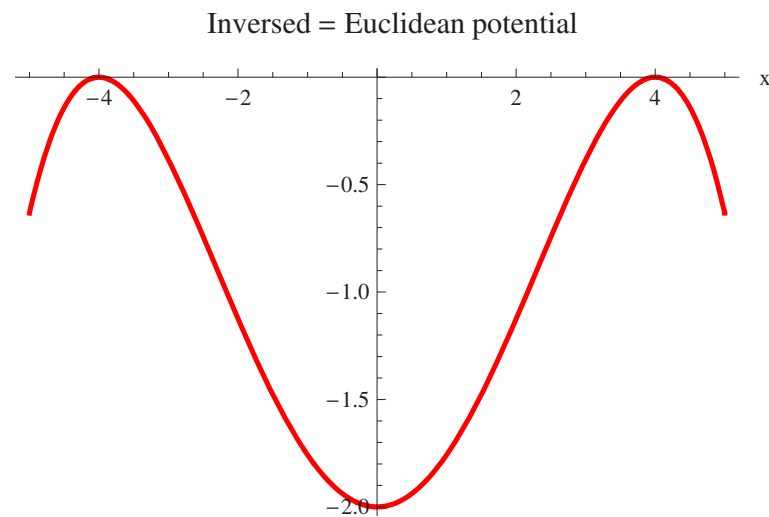
- Splittings are exponentially small in the barrier height V_0
- Splittings increase with the level number n .



Instanton

We shall now derive the same result for level splittings using quantum field theory. Recall Feynman's path integral:

$$\langle x_0 | e^{-HT} | -x_0 \rangle = \int Dx(t) \exp \left(- \int_0^T dt \left[\frac{\dot{x}^2}{2} + V_E(x) \right] \right),$$
$$V_E(x) = -V(x).$$



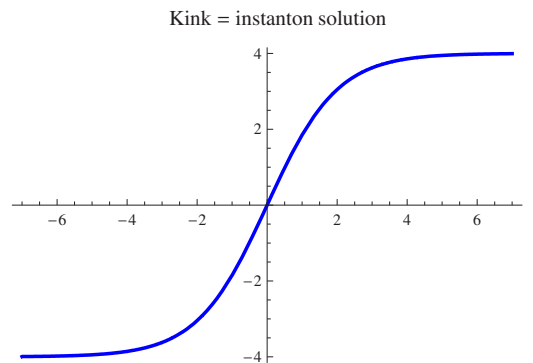
Classical equation of motion

$$-\ddot{x} - V'_E(x) = 0 \quad \text{or}$$

$$\dot{x} = \sqrt{2[E - V_E(x)]} \stackrel{E=0}{=} \frac{\sqrt{2V_0}}{x_0^2}(x^2 - x_0^2), \quad 8V_0 = x_0^2.$$

Its solution with zero Euclidean 'energy' is a kink:

$$x(t) = x_0 \tanh \frac{t}{2}.$$



It is the instanton of the $0 + 1$ dimensional field theory. The action along the tunneling trajectory is

$$\begin{aligned} S &= \int dt \left[\frac{\dot{x}^2}{2} + V(x) \right] = \int dt \dot{x}^2 = \frac{x_0^2}{4} \int_{-\infty}^{+\infty} \frac{dt}{\cosh^2 \frac{t}{2}} \\ &= \frac{2}{3} x_0^2 = \frac{16}{3} V_0 \gg 1 \end{aligned}$$

Tunneling amplitude

$$\mathcal{A} \sim \exp(-S) = \exp\left(-\frac{16}{3} V_0\right) \ll 1.$$

Gives correctly the exponential suppression factor for the level splittings!

How to find the pre-exponential factors in the level splittings?

\implies one needs to take into account quantum fluctuations about the instanton, here: fluctuations of the trajectory about the kink!